



[Act out 'What you did on your vacation'](#)

Partners skis

Partners carry a stick

Meet Dragon-Dragon Takes over the problem with a puppet show.

[Double breath Physiologic Sigh](#)

[Puppet Shows For Social Emotional Learning](#)

[Music to 'Playback' feelings](#)

Ventral Vagal ?

Escape the Dragon's Mouth

Boom Chick

Duets

Rotating to play different instruments

Call and Echo Fruit rhythms

[Hello Song](#)

[Attendance](#)

Balance Boards

Fruit Rhythms unison

[Step Touch](#)

Walking rhythm squares/ HiHat Duet

Fruit Salad Handshake

Watermelon Handshake

Drumming a thunderstorm

Shakers Stop and Go - increasingly large movement

Player Leads the group w an instrument

Stop and Go / Shakers

Stop and Go, [Movements-](#)

Circle drum stick receive Boom chick pass

Beanbags around the circle. Synchronize the clap Give and Get at the same time

Partner 2 Beanbag Pass Watermelon Square

Beanbag Pass Add Steps

Pass 4 Beanbags around the circle. Synchronize the clap

Partner Beanbag Pass Watermelon Square

Pass 2 Beanbags around the circle. Synchronize the clap

Tiny toss w Bean Bags add Balance Boards

Roll a Ball Across the circle Star pattern

Pass a Beanbag around the circle Isolate hands

Bounce a large ball

[Pass Several Balls Switch](#)

[Pass Several Balls](#)

[Roll a Ball Across the Circle](#)

[Pass a Ball- Around the circle](#)

Tinikling-bamboo jump rope

Step ups Step touch Two step

Step ups Step touch

Step Ups w fruit rhythms

Watermelon Step Ups

Step Ups

Walking rhythm Squares create patterns

Stepping rhythm squares/ HiHat, Drum trio

Rhythm squares Duets Stepping or hopping

[Ballon Conductor](#)

Hopping rhythm squares / duet

Group Celebration Dance Moving an activity that you love

Write and Perform Duet Based on rhythm Fruits

Playing Duets

Eight beats to a new seat

Walking rhythm Squares create patterns

Call and Response You gotta walk the Dog

Cycle stories

Animal Frolics Students add accompany With music

[Animal Frolics](#)

[Hibernation Rest to music](#)

[Goodbye Song](#)